

Training programme and conditions

"Become a shared garden coordinator



WHAT ARE WE TALKING ABOUT?

Shared gardens are gardens created or run collectively, with the aim of developing local social links through social, cultural or educational activities, and which are open to the public.

They are playing an increasingly important role in public policy because of their social and environmental functions.

They are places to live and socialise, where residents come together to:

- growing quality fruit and vegetables,
- take care of their health,
- come out of their isolation,
- greening urban environments,
- Promoting citizen involvement in a neighbourhood....

The garden is often, by its very nature and because it is a beautiful and pleasant space, an anchor for events or activities:

- educational and environmental programmes,
- volunteering, apprenticeships,
- social integration,
- therapeutic well-being, accessibility for the disabled...

2/ There are hundreds of shared gardens in France and Europe. They are helping to combat global warming and the erosion of biodiversity. Because gardening is all about caring for a small oasis of greenery in a world increasingly covered in concrete.

Shared gardens are living places where you can

- practices virtuous gardening using agro-ecological methods (working with living soil, no use of chemicals, etc.)
- respects the soil and its micro-organisms,
- Reduce your ecological footprint by growing local, sustainable fruit and vegetables,
- promotes animal and plant biodiversity...

To sum up, we can better understand the importance of urban and rural shared gardens, which respond to urgent and vital needs, from a food point of view (eating healthily), a social point of view (creating social links through a convivial productive activity; mutual aid and intergenerational solidarity...), economic (free fruit and vegetables, responsible and local consumption...), environmental (reconnecting with the living world; agrobiology and permaculture, producing rather than importing...), and popular education (passing on knowledge about our environment, exchanging best practice, participatory management...).

However, we can see that many shared gardens are springing up, but that *many of them are floundering or stagnating, because the task is a tough one!* Although gardening is the main focus, we have just seen that shared gardens offer a wide range of activities and even perform public service tasks that are normally the responsibility of local authorities or social action bodies.

Given the multitude of tasks and the diversity of players involved, organisational and functional difficulties arise and jeopardise the shared gardens.

PRESENTATION OF THE COURSE

PURPOSE OF THE TRAINING

To provide knowledge and skills to anyone involved in the life of an existing or future shared garden, with a view to making it sustainable.

The course presented here was developed at European level with Erasmus+ funding and is called *Gardeniser*, a contraction of the words garden and organiser. It gives access to the gardeniser certificate.

LEARNING OBJECTIVES

At the end of the course, the learner will be able to run a shared garden of type, using the tools of popular education and the knowledge required to obtain the gardener's certificate.

In particular, it will be able to:

- gain a deeper understanding of **the issues surrounding shared gardens**,
- draw up a garden charter with the stakeholders, to provide a framework of security and trust,
- identify **the needs of volunteers**, respond to them and put themselves in situations (role-playing, etc.),
- **listen to the different audiences** (clients, volunteers, employees, visitors, etc.),
- organising time for exchange and communication: helping to structure the group,
- propose **activities** in different contexts,
- be familiar with the different stages of **project management**,
- use garden design tools.

Target audience

- volunteers working in existing or new shared gardens.
- residents involved in creating a garden
- technicians from a local authority and/or an associated organisation (social centre, CCAS, etc.) involved in a garden project
- elected representatives.
- any other organisation with a shared garden project (educational establishment, association, company, retirement home, youth hostel, etc.)

3-STEP TRAINING PLAN

1 / Theoretical training

- History and typology of shared gardens (missions, governance...)
- Knowing how to run a garden with different players (working with volunteers and paid staff; the roles and functions of each...)
- To ensure the financial viability and sustainability of the garden (administrative, financial and evaluation tools).

2/ The theoretical approach is followed by **a local training course** near you if possible. The role of the trainees will be to capitalise on information and good practice to enhance the development of shared gardens in France.

3/ At the end of the theoretical and practical training, participants who wish to do so will take **an online test to qualify as** a shared garden leader.

TEACHING METHODS

- Participative methods: call for knowledge, brainstorming in sub-groups, taking the floor.
- The course uses collective intelligence: trainees are both participants and contributors. The phases of co-construction and cooperation, as well as the facilitation tools used, can be transposed to any project, and in particular to the shared garden. The three modules are approached in a cooperative, participative and transparent way.

CONDITIONS

- **↓** Venue: Jardin-Verger Conservatoire, 3bis route du Bois 64510 ASSAT
 - o The Conservatory Orchard Garden is accessible by car, bus, train and bicycle.
- **NEXT TRAINING SESSION:** send an e-mail to <u>jardinverger64@gmail.com</u> to find out about the next session.
- Registration deadline :
- Places are limited to 12 people.
- **Total cost of the course: 300.00 inc VAT/person.**
- CLAB association membership fee,
 - o 15€ individuals, 20€ associations, 100€ local authorities.
- **For stage 1, which takes place in Assat:** accommodation, travel and meals are not included. It is possible to picnic on site (kitchenette available).
- Human resources :
 - Florence Bacou, director of the Conservatoire des légumes anciens du Béarn, agro-ecology coordinator trained by Terre et Humanisme and Gardeniser trainer since 2019.
 - Christine Tisnérat, adult trainer, specialising in agro-ecology, Gardeniser trainer since 2020 and member of the board of the Conservatoire des légumes anciens du Béarn ".
- Material resources: the Conservatory orchard garden; equipped meeting room, training support
