



## Methods for Evaluation and Feedback

### Activity: “Rose, Thorn, Bud” Feedback Circle

**Objective:**

Collect structured feedback on activities and find areas for improvement.

**Procedure:**

Gather participants in a circle and provide them with sticky notes.

Ask them to write one “Rose” (something positive about an activity), one “Thorn” (a challenge or problem), and one “Bud” (a potential for improvement).

Participants place their notes on a board under each category.

Review and discuss the feedback together, focusing on how to address “Thorns” and cultivate “Buds” for future activities.

These exercises can help community gardens better understand their participation dynamics and make data-driven improvements based on direct feedback.





## Activity: Mood curve

### Objective:

Collect structured feedback on activities and find areas for improvement.

### Procedure:

- Prepare a big sheet of paper where you draw important components of your activity along a time scale. Then create a vertical scale of positive and negative mood marked with respective smileys.
- Invite participants to draw their personal mood curve along the activity. You might also invite them to add other important components along the time scale with sticky notes.
- Talk about positive and negative peaks and ask participants to explain why they had this or that mood at a certain time.

