



EXERCISE "All that we share"

Objective

This exercise helps uncover commonalities among community garden members that go beyond the obvious differences. It aims to foster understanding and strengthen the sense of togetherness.

Procedure

Preparation: Participants stand in a circle. The moderator asks questions, and those for whom the question applies step into the center.

Example Questions

Who has ever danced in the rain?
Who has a tattoo?
Who is the unofficial "class clown" of the group?
Who has found something funny while digging in the soil?

Follow-Up

Discuss what was surprising and what new commonalities were discovered. This exercise can help break down barriers and enhance the sense of community. The exercise was inspired by the video 'all that we share'. you maybe watch it together at the end..TV 2 | All That We Share - YouTube

